JACK N JILL SCHOOL

SANATNAGAR BY PASS OPP JEEP SHOWROOM

SRINAGAR,0194 3179576

SESSION 2025

**Pre-Nursery Syllabus**

***In beginners, the overall personality of the child is considered for the purpose of assessment. The school curriculum is in a very comprehensive manner. The main focus is on the child and not on the subject matter.***

**EPL(exercises of practical living)**

1. **Elementary movements**: holding of things, carrying, picking up, opening closing, walking in line, scissor cutting, folding and unfolding.
2. **Self-care/Grooming**: hand wash, face wash, Brushing, Combing, Toilet training (diaper removal)
3. **Environment care**: cleanup time (after play) in classroom/at home, watering plants, Use of trash-bin, planting trees.
4. **Practical life skills/ Social skills**: greeting(good morning, good afternoon, good evening),Curtsy words (thank you, welcome, please),Basic permissions(May I come in, May I sit, can I take this, etc.),Assembly time, Circle time/ Storytelling, Sharing, helping, caring, expressing confidence, cooperating, Participating in school activities and works comfortably in a group.
5. **Sensory skills**: differentiate: hot/cold, Soft/hard, Loud/quiet ,Foul/fragrant, Rough/smooth, Sweet/salty, Far/near.

**Fine motor skills/ Gross motor skills**

Crushing/crumbling/tearing of paper, Folding/unfolding of paper/cloth/mat,

Beading,Blocks building,Finger painting,Dot to dot finger painting,hand printing,Tracing of shapes,Sorting and matching,Scribbling/free hand coloring.

Physical exercises:running/jumping/hopping, Walk over strokes, passing through tunnel, Hurdles,Climbing, Free outdoor play, Sandplay, Roleplay, and water play.

**ORAL /LANGUAGE DEVELOPMENT**

**Oral skills**: basic questions regarding self, family and school, Singing of rhymes with actions, Recite, identify and learn the sounds A-Z (phonetics)

**LIBRARY TIME**:- Picture reading on the age appropriate material provided in the library.

**NUMBERS PERFECT**

Recitation and identification of numbers 1-10, counting upto 10 with the help of different objects. Pre-number concept (comparing=big/small, tall/short, same/different, more/less, full/empty,fat/ thin,same/different, heavy/light).

**PRE-WRITING/SKILLS:** pencil grip**,** Strokes (standing, sleeping, slanting, curve, loops, circle)

on preschool patterns book.

**EVS**

1. My self
2. My family
3. Colours
4. Shapes
5. Good food/Bad food
6. Good touch bad touch
7. My parts of body
8. My parts of face
9. My personal belongings
10. Fruits
11. Vegetables
12. Animals
13. Birds
14. Flowers
15. Insects
16. Transport